

# REVIEWS



Reviews by Duncan Roads  
and Cathy Simons

## BOOKS

### **CROP CIRCLES THE LATEST EVIDENCE**

By Pat Delgado &  
Colin Andrews

Publishers: Bloomsbury  
UK. (Allen & Unwin )

Each summer in the south of England for the last few years, the phenomenon known around the world as 'crop circles' intensifies in both frequency and complexity. This book illustrates the startling variety of these patterns or pictograms as some prefer to call them.

The book is full of colour photos taken by two of Britains most dedicated researchers into this mystery.

### **THE COSMIC PULSE OF LIFE**

The Revolutionary  
Biological Power  
behind UFO's.

By Trevor J. Constable  
Publ:Borderland  
Sciences Research  
Foundation, Garberville,  
CA. USA.

This book shows that what the existence of UFO's has done, is to blow holes in the 'old order' of science - 'mechanism'.

UFO's have brought with them a new source of energy, a new mode of propulsion and the conquest of gravity. In this book the author penetrates the basic determinism of this energy, and demonstrates his ideas on why it is that the social and scientific reaction to its discovery and development has been irrational, repressive and antagonistic.

This book traces the author's research into UFO's, 'life-force' energy, and the research and influence of pioneers such as Dr. Rudolph Steiner, Wilhelm Reich, and Dr. Ruth Drown in this field.

The author also alludes to a "battle for Planet Earth", between positive influences and disruptive or negative influences. He

points out that the invasion route used by the negative forces (Ahrimanic) is not from 'outer space' but from 'inner space'!

This book is well worth obtaining. Mr Constable has had 25 years service as a Radio Electronics Officer in the US Merchant Marine, and is an acclaimed aviation and military historian.

Available from Alternative Access (see advert this page) or Esoteric Sciences Bookshop (see advert)

### **BIRTH STORIES A Collection of Personal Experiences** Edited by Klay Lamprell Published by Angus & Robertson

An excellent collection of personal accounts that me impatient to experience childbirth myself.

The accounts range from stories of home-births, stories viewed by other children, fathers, migrant women, aboriginal women, and of course many of these were having their first child, thus making their description that little extra special.

If you are pregnant and do not know what to expect, either in sensations, or reactions - then I am sure you will find this book putting you at ease somewhat.

### **THE SIGN OF THE SERPENT**

by Mark Balfour  
Published by: Prism Press  
UK; Unity Press Australia

Since the dawn of recorded civilisation, the symbology of the serpent has been found on every continent with striking parallels.

From the Rainbow Serpent of Aboriginal Dreamtime, to the Dragon Paths of China and the snake worshippers of India - the symbology of the serpent is strikingly uniform - representing life force energy.

This books is a rare synthesis, blending eastern mysticism with western physics in an informative manner.

The author uses his experience as an international photo-journalist drawing from many trips to the India sub-continent and remote Australia.

One of the most exciting chapters in this book is titled 'A New Physics of Creation - a thrust towards unity?'

It combines the discovery of the vortex energy field made at Sydney University on a few years ago, with an exciting synthesis of ancient mysticism and modern quantum physics.

### **MEMORIES & VISIONS OF PARADISE**

Exploring the  
Universal Myth of a  
Lost Golden Age  
by Richard Heinberg  
CollinsAngus&Robertson

Woven throughout the oral and written histories of nearly culture is the Myth of Eden, or Paradise. At time and place when all was in perfect harmony with the cosmos.

The similarities between cultures spanning both distance and time has never ceased to amaze me - does it mean that we all come from a common source, or does it represent an archetype of conscious.

Either way, this book is a remarkable collection of luminous passages from a multitude of great scriptures and folktales.

I have always been struck by the global uniformity of the deluge legends. These tales are so similar from so many cultures that I feel one day we will be re-writing our history books instead of ignoring such clues to our past.

### **THE COURTESANS The Press Gallery in the Hawke Era.**

by Derek Parker  
Published by: Allen &  
Unwin (Australia)

This book is an interesting look at the relationships between the media and governments, not just the Hawke Government as the title would have us believe.

The book is mainly covers the story of the relationship between the Press Gallery and the Hawke Govt, which is described as the most media conscious government Australia has ever seen.

It shows just how easily news is manipulated - not only in sinister conspiratorial



fashions, but also in ways which are based on pure competition to run the 'main stories' each day.

It is a revealing look at how the media can be used to curb politicians, and how politicians can curb journalists, etc.

Some examples are rather chilling, some are downright humorous.

If you have ever wondered about media manipulation, I seriously recommend you get this book. To understand the psychology of both journos and polities is worth the effort.

## TAPES

### SHAMANIC DREAM

by Anugama

Readers of previous Nexus Magazines will have learned how certain high-frequency noise can affect the brain in varying ways.

This tape, apart from having very pleasant music and sounds to listen to, actually performs "sound therapy" while you are listening.

Shamanic Dream utilises Theta Sounds, which have a frequency range of 4 to 7 Hz. Research has shown that, after being exposed to Theta Sounds for a while, the body enters an extremely relaxed state.

The tape initially uses soft Indian drums and percussion, which give a soft heartbeat rhythm. This is accompanied by a hollow sounding wind instrument, which gives the effect of echoing in the hills.

Side two uses various soft instruments, including the synthesiser and soft humming voices.

In all honesty I can say I have listened to scores of different relaxation or new age music tapes, but this one actually made me feel relaxed in a more pronounced way.

It was not until I started reviewing the tape that I noticed it had specifically designed frequencies included for such purposes.

If you want a proven relaxation tape, I can personally recommend it.

Available from New Age Music, Box 789, Fremantle, WA. 6160, Ph: 09 336 2842.